

# ***BUILDING A HOUSE OF PRAYER***

(A Study for Lent)

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From Bible Study By Email

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## **Important Notes to Leaders**

**PURPOSE:** Lent has traditionally been a time when we are encouraged to help prepare ourselves for Easter. Often that involves renewing some spiritual discipline during the weeks of Lent like fasting, almsgiving, daily Bible study, and prayer. But it is not enough to just encourage people to take on one of these. They need to know how to do these things. The purpose of this study is to teach them about prayer and to lead them in times of prayer, hopefully which they will continue on their own during and after Lent.

**STUDENT HANDOUT:** This is a house with eight rooms in it. If you have not seen it, then go to <http://www.homiliesbyemail.com/res/bsem/02-00/houseform.pdf> and look it over right now. You will give this to each student/member of your group. They will use this each session and fill in the blank for each room as you come to them. When completed, encourage them to take it home and put in some place where they will often see it. They are to use it as a guide for prayer. Have them simply ask, "Which room(s) of prayer do I most need to enter today?"

### **WHAT THEY WILL NEED TO BRING TO EACH SESSION :**

1. The House of Prayer handout
2. A notepad for taking notes
3. A Bible

**SESSIONS.** You can use these sessions in different numbers. If you wish to do two rooms in each session, you could have four sessions. They could also be done in six to eight sessions. You decide which is best for you and your group. Six sessions is nice since that covers the time of Lent. Here are the Sessions:

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|---------------------------|-----------------------------|
| 1. The Room of Praise     | 2. The Room of Thanksgiving |
| 3. The Room of Confession | 4. The Room of Intercession |
| 5. The Room of Petition.  | 6. The Room of Silence      |
| 7. The Room of Meditation | 8. The Room of Dedication.  |

Each session will examine one form of prayer and provide time for the group to actually use that prayer. Since this study is on prayer, having time to pray seems a reasonable thing to do. You might be tempted to skip this. Don't. This may be the most important part of your session. It will also provide a model for them in how to pray, how to use these different forms of prayer. Specific suggestions will be given on how to lead these times of pray.